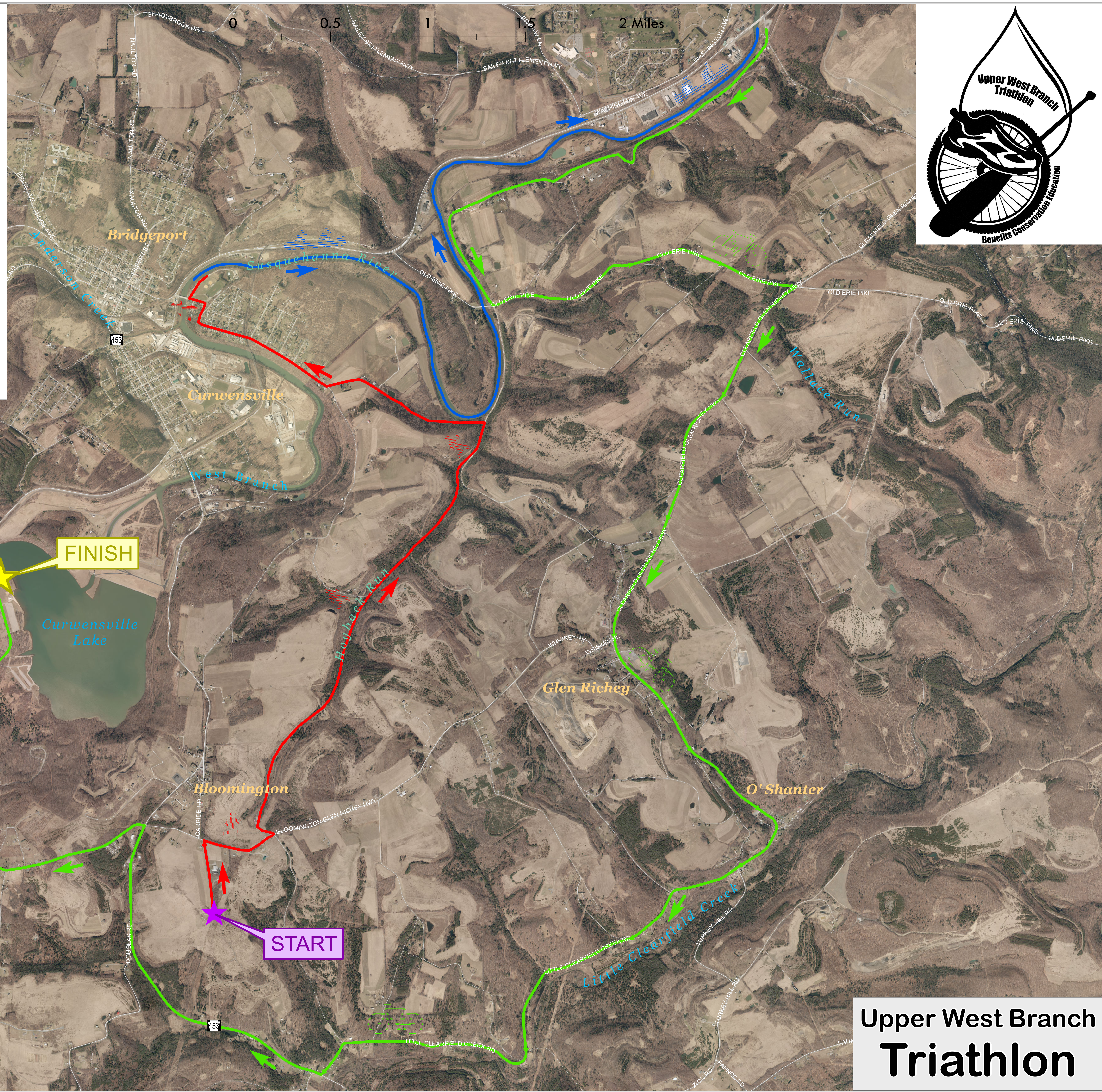


Course Description

Runners will start near Gasbarre Products at 159 McKee Road. Then turn right onto Bloomington-Glen Richey HWY. Then turn left onto Hemlock Hollow Road and then left onto Piney Road. Teams will then proceed to Bloomington Avenue Extension. Runners will turn right on that road and continue on it until the Curwensville Civic Center. Turn right and run past the Civic Center and grab your canoe or kayak (or tag your teammate) and proceed to the water. Proceed downstream crossing under a railroad bridge then Hogback (Porter's) Bridge and the Rails-to-Trails bridge. Travel another 2 miles down the river. The take-out will be on the right before the SR 879 Bridge. It will be clearly marked. Once out of the water proceed to the bike staging area (or tag your teammate). You will make a right onto Carbon Mine Road. At the intersection you will make a left onto Old Erie Pike. At the next stop sign you will make a right onto Clearfield Glen Richey Hwy. Continue on this road to Glen Richey and O'Shanter. At intersection continue straight onto Little Clearfield Creek Rd. At the stop sign make a right onto SR 453. Continue on this road until you make a left onto Lake Dr. Continue down to the lake to the finish line.



- Running Route - 4.8 miles —
- Canoe/Kayak Route - 5 miles —
- Bicycle Route - 15 miles —

**Upper West Branch
Triathlon**